

PRESS RELEASE

PDRF to hold webinar on mental health issues of frontliners during the pandemic

SEPTEMBER 21, 2021, MANILA— The Philippine Disaster Resilience Foundation (PDRF)'s Project K3, in partnership with the New Zealand Ministry of Foreign Affairs and Trade Aid Programme, will hold a webinar to tackle mental health issues of medical frontliners during the pandemic.

Entitled “Mental Health Matters,” this roundtable discussion aims to address the pandemic-induced mental health challenges experienced by organizations and identify the practical applications of Psychological First Aid (PFA) in the workplace. Experts from universities from different regions and the Commission on Human Rights will explore possible solutions and share their best practices to mitigate the common mental health challenges encountered by local government units (LGUs) and hospitals due to the COVID-19 pandemic.

A survey conducted by Project K3 from October 2020 to February 2021 showed an urgent need for mental health and psychosocial support in LGUs and public hospitals. Local healthcare stakeholders experienced various difficulties that affected their mental health including high exposure to the virus which caused anxiety and fear and challenging working hours in a high-pressure work environment leading to fatigue and burnout.

The webinar will be addressing this need while also launching K3's supplementary educational materials.

Project K3 or Kalinga para sa Kalusugan ng Komunidad is an initiative of PDRF and New Zealand Ministry of Foreign Affairs and Trade Aid Programme that aims to strengthen the health system capacities of LGUs, hospitals, and communities around the country to deal with the COVID-19 crisis and future disruptions through innovative training and community education.

“Mental Health Matters” will be on Friday, September 24, 2021, from 1:00 to 3:00 PM via Zoom. To register for free, visit this link: <https://bit.ly/mhmK3>

Learn more about Project K3 here: <https://iadapt.pdrf.org/k3/>

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About PHILIPPINE DISASTER RESILIENCE FOUNDATION

Philippine Disaster Resilience Foundation (PDRF) is the country's major private sector vehicle and coordinator for disaster resilience. As an alliance of businesses dedicated to building the disaster risk management capabilities of the private sector in the country, PDRF aims to contribute to the sustainable development and the general welfare of the Filipino people. For more information, visit www.pdrf.org.

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